

I have been going to Lila Mueller of Ray of Hope Reflexology for several years now and would recommend Lila, as well as reflexology, to anyone. After having a medical condition surface through a blood test, I originally followed up with traditional medicine. I went through many, many tests; was referred to a specialist. The first specialist overdosed me with medication; the second specialist never seemed to know why I was there, what tests I had had and could not seem to navigate his way through my medical records. The traditional medical field never really came up with a cause or treatment; the diagnosis was "what it might be." Treatment consisted of medications. The first medication was given in too high a dose for my body weight (overdose) and caused extreme high blood pressure for which I then needed blood pressure medication and other medications in addition. I was told if the first medication did not work, there was another medication I could use. Neither medication worked as they really didn't know what I have. I can only hope there are no lasting side effects from those medications, although I do believe there is one. The specialist then suggested removing body parts and if that didn't work, he suggested trying chemotherapy, although I didn't have cancer. Midway through this process, I learned of Lila through ladies at my employment who also had been seeing Lila. I would not agree to removing body parts until they could tell me why and guaranty that was a solution to the problem, nor would I agree to chemotherapy without assurance they knew what I had and what they would be treating.

Within the first 5 minutes of examination by Lila, she identified that I had ear problems, which I have had since I was very little and I never thought to disclose on my intake form. She was able to identify other areas that she was able to work on. At one point she indicated I needed to go to a chiropractor and gave me a list of vertebrae that needed to be looked at by the chiropractor. He was absolutely amazed as he would have treated several, but not all of those areas identified by Lila; he indicated that she "was spot on." There have been times I have experienced a sore or stiff area and she is able to relieve that area. On my behalf, Lila has checked with other experts to find a solution for my problem(s), some of which have been in other countries. Lila is not afraid to refer clients to other specialists who can work in conjunction with her. She works with many in the natural remedy area, but also recognizes there are times traditional medicine is needed. I no longer see the specialist; my primary has taken me off the blood pressure medication.

In Sept. 2013, Lila introduced me to the NES system. This system is absolutely awesome and allows Lila to treat the body as a whole. At one point when she was out of a certain infoceutical, she was kind enough to deliver it to our house as she was in the area.

There have been times when she sent me home with samples of things to help breathing during a cold; help with congestion due to allergies, all at no cost to me. Her office charges, even though not covered by insurance, are cheaper than my portion of a doctor's office appointment after insurance; I know she gives seniors a discount. All of this is because she truly cares. She is an expert in her field of reflexology; does foot, hand, and face treatments. She books enough time with each client to be able to serve that client and I have never felt rushed. She listens to my complaints and checks and treats those areas; in addition she constantly finds areas I don't know exist until she finds them.

There have been instances where she enlists the help of her husband. I had some car problems and he helped me. I have observed times when a disabled client had difficulty and he would kindly turn her car around and have it pointed in the right direction and ready to go when the treatment was over.

I am convinced that if I had stayed with traditional medicine, I would no longer be here. Lila is a truly caring person, is organized, her office is quaint and clean and she is a very organized and knowledgeable person. She is truly a gift to this world. She surrounds herself with other knowledgeable and caring professionals.